Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.bcbsil.com/coverage">www.bcbsil.com/coverage</a> or by calling 1-800-541-2768.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Individual: In-Network \$500 Out-of-Network \$1,000 Family: In-Network \$1,500 Out-of-Network \$3,000 Doesn't apply to certain preventative care. Copays and per occurrence deductibles don't count toward the deductible.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 3 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	Yes. Per Occurrence: \$300 Out-of-Network Inpatient Admission.	You must pay all the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. Individual: In-Network \$1,500 Out-of-Network \$3,000 Family: In-Network \$4,500 Out-of-Network \$9,000 Prescription Drug Out-of-Pocket: \$1,000 Individual/\$3,000 Family	The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges,	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Does this plan use a network of providers?	Yes. For a list of preferred providers, see <a href="https://www.bcbsil.com/coverage">www.bcbsil.com/coverage</a> or call 1-800-541-2768.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 3 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <pre>specialist?</pre>	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.

Questions: Call 1-800-541-2768 or visit us at <a href="www.bcbsil.com/coverage">www.bcbsil.com/coverage</a>

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="https://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf">www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf</a> or call 1-855-756-4448 to request a copy.



Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2015 - 12/31/2015

Coverage for: Individual/Family | Plan Type: PPO

Important Questions	Answers	Why this Matters:
Are there services this plan	Voc	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan
doesn't cover?	1 es.	document for additional information about excluded services.

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• Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.

- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- The plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay/visit	40% coinsurance	No benefits will be provided for services which are not, in the reasonable judgment of Blue Cross and Blue Shield, medically necessary
	Specialist visit	\$20 copay/visit	40% coinsurance	none
	Other practitioner office visit	\$20 copay/visit	40% coinsurance	Acupuncture not covered.
				Chiropractic services are limited to 30 visits per calendar year.
				Muscle Manipulations are subject to the general payment level.
	Preventive care/screening/immunization	No Charge	40% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	40% coinsurance	none
	Imaging (ct/pet scans, mris)	10% coinsurance	40% coinsurance	

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions	
	Generic drugs	\$8/\$16 copay/ prescription	\$8 copay/ prescription	Up to 30 day retail /90 day mail.	
If you need drugs to treat your illness or condition	Formulary brand drugs	\$35/\$70 copay/ prescription	\$35 copay/ prescription	For Out-of Network drug provider you are responsible for 25% of the eligible amount after the copay.	
More information about <b>prescription drug</b>	Non-formulary brand drugs	\$75/\$150 copay/ prescription	\$75 copay/ prescription	Certain women's preventative services will be covered with no cost to the member.	
coverage is available at http://www.bcbsil.com/member/rx drugs.html	Specialty drugs	\$75/\$150 Formulary Specialty copay/ prescription \$150/\$300 Non- Formulary Specialty copay/ prescription	\$75 Formulary Specialty copay /prescription \$150 Non- Formulary Specialty copay /prescription	For a full list of these prescriptions and/or services, please contact Customer Service.  Specialty retail/ mail limited to a 30 day supply.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	40% coinsurance	none	
surgery	Physician/surgeon fees	10% coinsurance	40% coinsurance		
If you need immediate medical attention	Emergency room services	\$150 copay /visit plus 20% coinsurance	\$150 copay /visit plus 20% coinsurance	Copay waived if the member is admitted to the hospital.	
	Emergency medical transportation	10% coinsurance	10% coinsurance	none	
	Urgent care	10% coinsurance	40% coinsurance		
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	40% coinsurance	\$300 Out-of-Network Per Occurrence Deductible	
	Physician/surgeon fee	10% coinsurance	40% coinsurance	none	

Coverage Period: 01/01/2015 - 12/31/2015

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/behavioral health outpatient services	10% coinsurance	40% coinsurance	Copay applies to psychotherapy visit only. Pre-authorization is required for Psychological testing; Neuropsychological testing; Electroconvulsive therapy; Repetitive Transcranial magnetic Stimulation; and Intensive Outpatient Treatment.
	Mental/behavioral health inpatient services	10% coinsurance	40% coinsurance	\$300 Out-of-Network Per Occurrence Deductible
	Substance use disorder outpatient services	10% coinsurance	40% coinsurance	Copay applies to psychotherapy visit only.
	Substance use disorder inpatient services	10% coinsurance	40% coinsurance	\$300 Out-of-Network Per Occurrence Deductible
If you are pregnant	Prenatal and postnatal care	\$20 copay	40% coinsurance	Copay applies to first prenatal visit (per pregnancy)
	Delivery and all inpatient services	10% coinsurance	40% coinsurance	\$300 Out-of-Network Per Occurrence Deductible
	Home health care	10% coinsurance	40% coinsurance	
If you need help recovering or have other	Rehabilitation services	10% coinsurance	40% coinsurance	none
special health needs	Habilitation services	10% coinsurance	40% coinsurance	none
	Skilled nursing care	10% coinsurance	40% coinsurance	
	Durable medical equipment	10% coinsurance	40% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	10% coinsurance	40% coinsurance	none

Coverage Period: 01/01/2015 - 12/31/2015

Coverage for: Individual/Family | Plan Type: PPO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions	
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered		
	Glasses	Not Covered	Not Covered	none	
	Dental check-up	Not Covered	Not Covered		

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)			
• Acupuncture	• Hearing aids	• Routine foot care (with the exception of person	
<ul><li>Cosmetic surgery</li><li>Dental care (Adult)</li></ul>	<ul><li>Long term care</li><li>Routine eye care (Adult)</li></ul>	<ul><li>with diagnosis of diabetes)</li><li>Termination of pregnancy (except in limited</li></ul>	
		circumstances)  • Weight loss programs	

# Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Bariatric surgery
 Chiropractic care
 Infertility treatment
 Non-emergency care when traveling outside the U.S.

### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-541-2768. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x 61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

**Summary of Benefits and Coverage:** What this Plan Covers & What it Costs

Coverage Period: 01/01/2015 - 12/31/2015

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# Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-541-2768 or visit <u>www.bcbsil.com</u>, or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <a href="http://insurance.illinois.gov">http://insurance.illinois.gov</a>.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does provide</u>** minimum essential coverage.

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

# Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-541-2768.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-541-2768.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-541-2768.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-541-2768.

— To see examples of how this plan might cover costs for a sample medical situation, see the next page.

Coverage Period: 01/01/2015 - 12/31/2015

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### **Coverage Examples:**

# About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

# Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- **■Plan pays** \$6,350
- ■Patient pays \$1,190

### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

### Patient pays:

Deductibles	\$500
Copays	\$30
Coinsurance	\$510
Limits or exclusions	\$150
Total	\$1,190

# **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **■Plan pays** \$4,190
- ■Patient pays \$1,210

### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

- unioni puly	
Deductibles	\$500
Copays	\$510
Coinsurance	\$120
Limits or exclusions	\$80
Total	\$1,210

Coverage Examples:

Coverage Period: 01/01/2015 - 12/31/2015

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# Questions and answers about Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

**No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ <u>Yes</u>. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ <u>Yes</u>. An important cost is the <u>premium</u> you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.