Coverage Period: 01/01/2014 - 12/31/2014

Coverage for: Individual/Family | Plan Type: HMO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.bcbsil.com/coverage or by calling 1-800-892-2803.

Important Questions	Answers	Why this Matters:
What is the overall	\$0	See the chart starting on page 2 for your costs for services this plan covers.
deductible?		
Are there other	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page
deductibles for specific		2 for other costs for services this plan covers.
services?		
Is there an out-of-pocket	Yes. Individual:	The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one
limit on my expenses?	Participating \$1,500	year) for your share of the cost of covered services. This limit helps you plan for health care
	Family is equivalent to 2	expenses.
	individuals.	
What is not included in	Prescription copay, premiums,	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
the out-of-pocket limit?	and health care this plan doesn't	
	cover.	
Does this plan use a	Yes. See	If you use an in-network doctor or other health care provider , this plan will pay some or all
network of providers?	www.bcbsil.com/coverage or call	of the costs of covered services. Be aware, your in-network doctor or hospital may use an
	1-800-892-2803 for a list of	out-of-network provider for some services. Plans use the term in-network, preferred , or
	Participating providers.	participating for providers in their network . See the chart starting on page 2 for how this
		plan pays different kinds of providers .
Do I need a referral to see a	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if
specialist?		you have the plan's permission before you see the specialist .
Are there services this plan	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan
doesn't cover?		document for additional information about excluded services.

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- The plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common M	Iedical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	a health care office or clinic	Primary care visit to treat an injury or illness	\$30 copay/visit	Not Covered	Services or supplies that are not ordered by your Primary Care Physician or Women's Principal Health Care Provider, except emergency, substance abuse, and routine vision exams, are not covered.
		Specialist visit	\$50 copay/visit	Not Covered	Referral required.
		Other practitioner office visit	\$50 copay/visit	Not Covered	
		Preventive care/screening/immunization	No Charge	Not Covered	No charge for immunizations.
If you have	a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	Referral required.
		Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	reterrar required.

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medical group or referral required.

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Common Medical Event		Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions	
If you need drugs to treat your illness or condition	Generic drugs	\$8/\$16 copay/prescription	Not Covered	Dispensing limit may apply to certain drugs.	
More information about prescription drug	Formulary brand drugs	\$35/\$70 copay/prescription	Not Covered	34 day retail /90 day mail.	
coverage is available at http://www.bcbsil.com/member/rx drugs.html	Non-formulary brand drugs	\$75/\$150 Formulary Specialty copay/ prescription	Not Covered	Certain women's preventative services will be covered with no cost to the member. For a full list of these prescriptions and/or	
	Specialty drugs	\$75/\$150 Formulary Specialty copay/ prescription \$150 Non-Formulary Specialty copay/ prescription	Not Covered	services, please contact customer service. Specialty retail/mail limited to 30 day supply.	
				Coverage based on group policy. Prior authorization may be required.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	Referral required.	
	Physician/surgeon fees	No Charge	Not Covered		
If you need immediate medical attention	Emergency room services	\$150 copay/visit	\$150 copay/visit	Copay waived if the member is admitted to the hospital.	
	Emergency medical transportation	No Charge	No Charge	none	
	Urgent care	No Charge	Not Covered	Applicable copay may apply. Must be affiliated with member's chosen	

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you have a hospital stay	Facility fee (e.g., hospital room)	\$250 copay	Not Covered	Referral required. Copay per day for up to 5 days per calendar year.
	Physician/surgeon fee	No Charge	Not Covered	Referral required.
If you have mental health, behavioral health, or substance abuse	Mental/Behavioral health outpatient services	\$30 copay/visit	Not Covered	Referral required.
needs	Mental/Behavioral health inpatient services	\$250 copay	Not Covered	Referral required. Copay per day for up to 5 days per calendar year.
	Substance use disorder outpatient services	\$30 copay/visit	Not Covered	Referral required.
	Substance use disorder inpatient services	\$250 copay	Not Covered	Referral required. Copay per day for up to 5 days per calendar year.
If you are pregnant	Prenatal and postnatal care	\$30 copay	Not Covered	Copay applies to first prenatal visit (per pregnancy)
	Delivery and all inpatient services	\$250 copay	Not Covered	Copay per day for up to 5 days per calendar year.

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	No Charge	Not Covered	Referral required.
	Rehabilitation services	No Charge	Not Covered	Referral Required.
	Habilitation services	No Charge	Not Covered	60 visits combined/calendar year. Includes, but is not limited to, physical, occupational or speech therapy. Copay may apply.
	Skilled nursing care	\$250 copay	Not Covered	Referral required. Excludes custodial care. Copay per day for up to 5 days per calendar year. Referral required. Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Durable medical equipment	No Charge	Not Covered	
	Hospice service	No Charge	Not Covered	Referral required. Inpatient copay may apply.
If your child needs dental or eye care	Eye exam	No Charge	Not Covered	1 exam every 12 months
	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	11011C

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric Surgery (unless medically necessary)
- Cosmetic Surgery
- Dental Care

- Hearing Aids
- Long Term Care
- Non-Emergency Care When Traveling Outside the U.S.
- Private Duty Nursing
- Routine Foot Care (with the exception of person with diagnosis of diabetes)
- Weight Loss Programs

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Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Chiropractic Care

• Infertility Treatment

• Routine Eye Care (Adult)

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-892-2803. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-892-2803 or visit <u>www.bcbsil.com</u>, or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit http://insurance.illinois.gov.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does provide</u>** minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-892-2803.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-892-2803.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-892-2803.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-892-2803.

————— To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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Coverage Examples:

About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- **■Plan pays** \$7,100
- ■Patient pays \$440

Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:

Deductibles	\$0
Copays	\$290
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$440

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **■Plan pays** \$3,990
- ■Patient pays \$1,410

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

- distant Payer	
Deductibles	\$0
Copays	\$1,330
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$1,410

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Coverage Examples:

Questions and answers about Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.