Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2015 - 12/31/2015 Coverage for: Individual/Family | Plan Type: HMO

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**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.bcbsil.com/member/policy-forms/">www.bcbsil.com/member/policy-forms/</a> or by calling 1-800-892-2803.

Important Questions	Answers	Why this Matters:	
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.	
Are there other deductibles for specific services?	Yes. Per Occurrence: \$150 Inpatient Admission and \$100 Outpatient Surgery.	You must pay all the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.	
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. Individual: Participating \$1,500 Family: Participating \$4,500	The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the <u>out-of-pocket limit?</u>	Premiums and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .	
Does this plan use a network of providers?	Yes. See <a href="https://www.bcbsil.com/coverage">www.bcbsil.com/coverage</a> or call 1-800-892-2803 for a list of Participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .	
	Yes. All specialist visits require a written PCP referral unless it's for an OB/GYN or for emergency care.	This plan will pay some or all of the costs to see a <b>specialist</b> for covered services but only if you have the plan's permission before you see the <b>specialist</b> .	
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .	

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- The plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 copay/visit	Not Covered	Services or supplies that are not ordered by your Primary Care Physician or Women's Principal Health Care Provider, except emergency and routine vision exams, are not covered.
	Specialist visit	\$45 copay/visit	Not Covered	Referral Required.
	Other practitioner office visit	\$45 copay/visit	Not Covered	Acupuncture not covered. Chiropractic services are limited to 25 visits per calendar year. Muscle Manipulations are subject to the general payment level.
	Preventive care/screening/immunization	No Charge	Not Covered	none
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	Referral Required.
ii you nave a test	Imaging (CT/PFT scans	No Charge	Not Covered	Referrar Required.

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	Formulary generic drugs	No Charge	Not Covered	Up to 30 day retail/90 day mail. Certain women's preventative services will be
If you need drugs to treat your illness or condition	Non-formulary generic drugs	\$10/\$20 copay/ prescription	Not Covered	covered with no cost to the member. For a full list of these prescriptions and/or
More information about <b>prescription drug</b>	Formulary brand drugs	\$50/\$100 copay/ prescription	Not Covered	services, please contact Customer Service. Specialty retail limited to a 30 day supply. Prescription drugs do not apply to the
<u>coverage</u> is available at <a href="http://www.bcbsil.com/member/rx">http://www.bcbsil.com/member/rx</a> drugs.html	Non-formulary brand drugs	\$100/\$200 copay/ prescription	Not Covered	deductible. Payment of the difference between the cost of a brand name drug and
memser, memsegomm	Specialty drugs	\$150 copay/ prescription	none	a generic may also be required if a generic drug is available.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	Referral Required. \$100 Participating Outpatient Surgery Per Occurrence Deductible. Elective abortion is not covered.
	Physician/surgeon fees	No Charge	Not Covered	Referral Required.
If you need immediate medical attention	Emergency room services	\$300 copay/visit	\$300 copay/visit	Copay waived if the member is admitted to the hospital. If admitted, Inpatient Hospital deductible will apply.
	Emergency medical transportation	No Charge	No Charge	none
	Urgent care	No Charge	Not Covered	Copay may apply. Must be affiliated with member's chosen medical group or Referral Required.
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	Not Covered	Referral Required. \$150 Participating Inpatient Per Occurrence Deductible.
	Physician/surgeon fee	No Charge	Not Covered	Referral Required.

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental/behavioral health outpatient services	\$25 copay/visit	Not Covered	Referral Required. \$100 Participating Outpatient Surgery Per Occurrence Deductible may apply.
	Mental/behavioral health inpatient services	No Charge	Not Covered	Referral Required. \$150 Participating Inpatient Per Occurrence Deductible.
	Substance use disorder outpatient services	\$25 copay/visit	Not Covered	Referral Required. \$100 Participating Outpatient Surgery Per Occurrence Deductible may apply.
	Substance use disorder inpatient services	No Charge	Not Covered	Referral Required. \$150 Participating Inpatient Per Occurrence Deductible.
If you are pregnant	Prenatal and postnatal care	\$25 copay	Not Covered	Copay applies to first prenatal visit (per pregnancy).
	Delivery and all inpatient services	No Charge	Not Covered	Referral Required. \$150 Participating Inpatient Per Occurrence Deductible.
	Home health care	No Charge	Not Covered	
If you need help recovering or have other	Rehabilitation services	No Charge	Not Covered	Referral Required.
special health needs	Habilitation services	No Charge	Not Covered	Referral Required.
	Skilled nursing care	No Charge	Not Covered	
	Durable medical equipment	No Charge	Not Covered	Referral Required. Benefits are limited to items used to serve a medical purpose.  DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	No Charge	Not Covered	Referral Required. Inpatient copay may apply.

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If your child needs dental or eye care	Eye exam	No Charge	Reimbursed up to \$30	Limited to one visit per calendar year.
	Glasses	No Charge	Reimbursed up to \$30 frames/ \$25 single vision lenes	Frames limited to one pair per calendar year.
	Dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Dental care (Adult)

- Long term care
- Termination of pregnancy (Except in limited circumstances)
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery
- Chiropractic care
- Cosmetic surgery (only for the correction of congenital deformities or conditions resulting from accidental injuries, scars, tumors, or diseases)
- Hearing aids (two covered every 36 months for children or bone anchored)
- Infertility treatment (benefits for treatments that include oocyte retrievals are limited to four completed oocyte retrievals per benefit period.)
- Non-emergency care when traveling outside the U.S.
- Private duty nursing
- Routine eye care (Adult)
- Routine foot care (only in connection with diabetes)

### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-892-2803. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### Questions: Call 1-800-892-2803 or visit us at www.bcbsil.com/coverage

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="https://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf">www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf</a> or call 1-855-756-4448 to request a copy.

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### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-892-2803 or visit <u>www.bcbsil.com</u>, or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <a href="http://insurance.illinois.gov">http://insurance.illinois.gov</a>.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does provide</u>** minimum essential coverage.

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This** health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-892-2803.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-892-2803.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-892-2803.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-892-2803.

- To see examples of how this plan might cover costs for a sample medical situation, see the next page.

Questions: Call 1-800-892-2803 or visit us at <a href="https://www.bcbsil.com/coverage">www.bcbsil.com/coverage</a>

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**Coverage Examples:** 

About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

# Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- **■Plan pays** \$7,210
- ■Patient pays \$330

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

Deductibles	\$150
Copays	\$30
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$330

### Managing type 2 diabetes

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(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **■Plan pays** \$5,070
- ■Patient pays \$330

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$0
Copays	\$250
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$330

**Coverage Examples:** 

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### Questions and answers about Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.