

Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>www.bcbsil.com/member/policy-forms/</u> or by calling 1-800-541-2768.

Important Questions	Answers	Why this Matters:	
What is the overall <u>deductible</u> ?	Individual: Participating <b>\$2,600</b> Non-Participating <b>\$5,200</b> Family: Participating <b>\$6,000</b> Non-Participating <b>\$12,000</b> Does not apply to in-network preventive care and in-network specialty coinsurance.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .	
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.	
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. Individual: Participating \$3,500 Non-Participating \$7,000 Family: Participating \$10,500 Non-Participating \$21,000	The <b><u>out-of-pocket</u></b> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b><u>out-of-pocket limit</u></b> .	
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See www.bcbsil.com/coverage or call 1-800-541-2768 for a list of Participating providers.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay som of the costs of covered services. Be aware, your in-network doctor or hospital may us out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how plan pays different kinds of <b>providers</b> .	
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.	
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .	

Questions: Call 1-800-541-2768 or visit us at www.bcbsil.com/coverage

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-756-4448 to request a copy. Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

- **<u>Copayments</u>** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
  - <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed</u> <u>amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed</u> <u>amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- The plan may encourage you to use Participating providers by charging you lower deductibles, copayments, and coinsurance amounts.

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	10% coinsurance	30% coinsurance	No benefits will be provided for services which are not, in the reasonable judgment of Blue Cross and Blue Shield, medically necessary
	Specialist visit	10% coinsurance	30% coinsurance	none
	Other practitioner office visit	10% coinsurance	30% coinsurance	Acupuncture not covered. Chiropractic services are limited to 25 visits per calendar year.
	Preventive care/screening/immunization	No Charge	30% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	10% coinsurance	30% coinsurance	2020
n you nave a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	none

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Coverage for: Individual/Family | Plan Type: PPO

Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
	Generic drugs	10% coinsurance	10% coinsurance	Certain women's preventative services will be covered with no cost to the member.
If you need drugs to treat	Formulary brand drugs	10% coinsurance	10% coinsurance	For a full list of these prescriptions and/or
your illness or condition	Non-formulary brand drugs	10% coinsurance	10% coinsurance	services, please contact Customer Service. For Non-Participating drug provider, you
More information about	Specialty drugs	10% coinsurance	10% coinsurance	are responsible for 50% of the eligible
prescription drug coverage is available at http://www.bcbsil.com/ member/rx drugs.html				amount after the copay or coinsurance. Non-Participating mail order is not covered. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	Elective abortion is not covered.
	Physician/surgeon fees	10% coinsurance	30% coinsurance	none
	Emergency room services	10% coinsurance	10% coinsurance	
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	none
	Urgent care	10% coinsurance	30% coinsurance	
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	none
stay	Physician/surgeon fee	10% coinsurance	30% coinsurance	

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If you have mental health, behavioral health, or substance abuse needs	Mental/behavioral health outpatient services	10% coinsurance	30% coinsurance	Pre-authorization is required for Psychological testing; Neuropsychological testing; Electroconvulsive therapy; Repetitive Transcranial magnetic Stimulation; and Intensive Outpatient Treatment.
	Mental/behavioral health inpatient services	10% coinsurance	30% coinsurance	
	Substance use disorder outpatient services	10% coinsurance	30% coinsurance	none
	Substance use disorder inpatient services	10% coinsurance	30% coinsurance	
If you are pregnant	Prenatal and postnatal care	10% coinsurance	30% coinsurance	Charge applies to first prenatal visit (per pregnancy).
	Delivery and all inpatient services	10% coinsurance	30% coinsurance	none
	Home health care	10% coinsurance	30% coinsurance	
If you need help recovering or have other	Rehabilitation services	10% coinsurance	30% coinsurance	2020
special health needs	Habilitation services	10% coinsurance	30% coinsurance	none
	Skilled nursing care	10% coinsurance	30% coinsurance	
	Durable medical equipment	10% coinsurance	30% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	10% coinsurance	30% coinsurance	none

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Common Medical Event	Services You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If your child needs dental or eye care	Eye exam	No Charge	Reimbursed up to \$30	Limited to one visit per calendar year.
	Glasses	No Charge	Reimbursed up to \$30 frames/ \$25 single vision lenes	Frames limited to one pair per calendar year.
	Dental check-up	Not Covered	Not Covered	none

### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)			
<ul><li>Acupuncture</li><li>Dental care (Adult)</li></ul>	<ul><li>Long term care</li><li>Routine eye care (Adult)</li></ul>	<ul><li>Termination of pregnancy (Except in limited circumstances)</li><li>Weight loss programs</li></ul>	
Other Covered Services (This isn't a complete l	ist. Check your policy or plan document for other c	covered services and your costs for these services.)	
<ul> <li>Bariatric surgery</li> <li>Chiropractic care</li> <li>Cosmetic surgery (only for the correction of congenital deformities or conditions resulting from accidental injuries, scars, tumors, or diseases)</li> </ul>	<ul> <li>Hearing aids (two covered every 36 months for children or bone anchored)</li> <li>Infertility treatment (benefits for treatments that include oocyte retrievals are limited to four completed oocyte retrievals per benefit period.)</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul> <li>Private duty nursing</li> <li>Routine foot care (only in connection with diabetes)</li> </ul>	

### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-541-2768. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

#### Questions: Call 1-800-541-2768 or visit us at www.bcbsil.com/coverage

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-541-2768 or visit <u>www.bcbsil.com</u>, or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <u>http://insurance.illinois.gov</u>.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does provide</u> minimum essential coverage.

### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does meet</u> the minimum value standard for the benefits it provides.

#### Language Access Services:

Questions: Call 1-800-541-2768 or visit us at <u>www.bcbsil.com/coverage</u>



Coverage Examples:

## About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

(normal delivery)	)
Amount owed to providers: \$7,	540
<b>Plan pays</b> \$4,320	
Patient pays \$3,220	
Sample care costs:	
Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient pays:	
Deductibles	\$2,600
Copays	\$0
Coinsurance	\$470
Limits or exclusions	\$150
Total	\$3,220

Having a baby

Coverage for: Individual/Family | Plan Type: PPO

## Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

Amount owed to providers: \$5,400

■ Plan pays \$2,450

■ Patient pays \$2,950

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

### Patient pays:

Deductibles	\$2,600
Copays Coinsurance	\$0
Limits or exclusions	\$80
Total	\$2,950

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**Coverage Examples:** 

## **Questions and answers about Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

**No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

✗ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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